

# ENGLISH GUIDED ZAZEN

AUGUST 31 (SAT)

## SCHEDULE

AM 9:30 – 10:00 / Meeting at the reception desk

AM 10:00 – 11:00 / Zazen (instruction in English)

AM 11:15 – 12:00 / English guided tour of Sojiji

## FURTHER INFORMATION:

<http://www.sojiji.jp/english>



**Sōtō Zen Buddhism Sōjiji Head Monastery**

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