

# ENGLISH GUIDED ZAZEN

FEBRUARY 22 (SAT)

## SCHEDULE

PM 1:00 – 1:30 / Meeting at the reception desk

PM 1:30 – 2:15 / Zazen (instruction in English)

PM 2:15 – 3:00 / English guided tour of Sojiji

## FURTHER INFORMATION:

<http://www.sojiji.jp/english>



**Sōtō Zen Buddhism Sōjiji Head Monastery**

International Department / Shōgen Geppert

TEL +81 (0)45-581-6086 FAX +81 (0)45-581-6348

